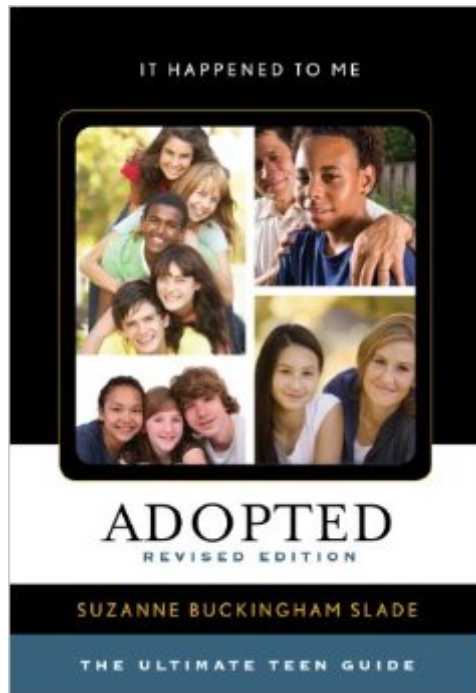


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# Adopted: The Ultimate Teen Guide (It Happened To Me)



## Synopsis

The challenging teen years can be even more difficult for adopted teenagers, many of whom have unanswered questions that may result in fear, anger, and low self-esteem. These feelings may be compounded by the isolation they feel because most friends and family members cannot fully relate to their situation. *Adopted: The Ultimate Teen Guide* enables young adults to explore their feelings as they read about the personal experiences of other adopted teens. Through these stories, adopted teens can learn how others have resolved some of their adoption issues and gain powerful insights from those who have experienced some of the same frustrations, struggles, and concerns. This book addresses various issues such as: finding out you've been adopted, fitting in, searching for birth parents, meeting birth parents, international adoption, transracial adoption, what defines a family. This revised edition also features discussion questions at the end of each chapter that help teens and loved ones acknowledge and verbalize their concerns. With up-to-date statistics, as well as insights from experienced adoption professionals who offer practical advice, this edition of *Adopted: The Ultimate Teen Guide* is a valuable resource for adopted teens as well as their families and friends.

## Book Information

Series: It Happened to Me (Book 34)

Hardcover: 232 pages

Publisher: Scarecrow Press; Revised edition (January 17, 2013)

Language: English

ISBN-10: 0810885689

ISBN-13: 978-0810885684

Product Dimensions: 7.2 x 0.8 x 10.3 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (6 customer reviews)

Best Sellers Rank: #649,074 in Books (See Top 100 in Books) #80 in [Books > Teens > Social Issues > Family](#) #257 in [Books > Children's Books > Growing Up & Facts of Life > Family Life > Adoption](#) #527 in [Books > Parenting & Relationships > Adoption](#)

Age Range: 12 - 17 years

Grade Level: 7 - 12

## Customer Reviews

As the parents of seven children, six of whom joined our family through adoption, we are delighted

to find such an informative and clearly written book for teenagers. Actually, *ADOPTED: THE ULTIMATE TEEN GUIDE* should be read not just by teens but by adoption workers and parents of adopted kids of any age. The book is divided into eleven chapters with titles such as "Fitting In" and "Should I Search?" and "Adopted at an Older Age." Each chapter is full of thoughtful discussions of the issues from various viewpoints, including in depth statements by many people involved in the adoption triangle, especially teenagers themselves. These teenagers express their opinions and emotions quite honestly and speak directly to teen readers of the book, who will learn they aren't alone. In addition, the book has numerous sidebars containing valuable facts relating to the world of adoption. A glossary and index add to the useful format of the book, which also has a section called "For Further Information" with a comprehensive list of organizations and agencies that deal with all aspects of adoption. We highly recommend this book! Sheila and Eric Welch

As a mother of two transracially adopted kids, I can highly recommend this book for anyone involved in the adoption triangle. Although directed to teens, adoptees as young as 11 would identify with the issues. Also adoptive parents and birthparents will gain a lot of insight into what their kids are thinking and dealing with by reading the book. It is easy to read. The text is broken up with lots of pictures, questions and answers, and sidebars with background facts. Thus you can open to any page or read for just a few minutes and it will catch your interest and make sense. I have ordered copies for grandparents and birthparents for Christmas.

The best thing about this book is that it is a great resource, not just for adopted teens, but also for adoptive parents and even birth parents. It gives perspective and insight on what questions, thoughts, and emotions adoptive teens are having. As an adoptive parent, it gave me ideas on how to answer my son's questions and also how to have a meaningful conversation between us about his feelings. The book has teenagers express their opinions and emotions which was very interesting and informative to what my child may be thinking and feeling. Even though my son is a young teen, the book will be helpful in the years ahead when there are even more questions and discussions. The book is written in easy to read chapters with discussions and viewpoints from various people on their adoption journey. The index is also useful for getting further information. I recommend this book to adoptive teens and also anyone that is in the adoption triangle.

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